

Active Wellbeing Delivery Plan - Oxford				
Core Contract Standards				
		Current Provision	RAG	Notes/ Actions
Starting Well	Early years programme established & branded	Project not started		Delivered in Q3
	Baby Welcome Policy embedded throughout all sites.	Project not started		Delivered in Q3
Growing Well	Established programme of wet & dry side activities.	Current core provision		Delivered in Q2
	Teen Gym pathway & product			Delivered in Q3
	SEN Provision across centres			Delivered in Q2
Living Well	Established member journey & group exercise programme.	Fully embedded		Complete
	Adult disability sessions across centres.			complete
	Gym team trained in behaviour change	Project not started		Delivered in Q3
	Front of house staff trained in MECC	Project not started		Delivered in Q2
Aging Well	Older adult programme of activity established & clearly marketed.			Delivered in Q3
	Wet side facilities Water Wellbeing accredited.	Assessment underway		Delivered in Q4
	Staff trained in Dementia awareness.	Project not started		Delivered in Q3
Health Hub	Chatty Café set up and established.	Project not started		Target April launch
	Little Lungs Matter policy implemented.	Project not started		Target March launch
	Quiet hours embedded across all sites	Project not started		Target April launch
	Healthy catering & vend options promoted.	Project not started		Delivered in Q4
Partnership Working	NHS, Primary Care & Social Prescribing Partners	Strong partnership links		Delivered Q2
	Establish relationships with community groups who service those from lower socio-economic groups			Delivered Q2
	Establish partnerships with Multicultural community groups & Youth groups			Delivered Q2
Local Priority Groups		Current Provision	RAG	Notes/ Actions
Children 0-11	Set up & promote activities targeted at children aged 0-11 to increase participation in physical activity. Activities such as HAF, breakfast clubs, free swimming and junior sports activities.			
Children & young People 12-19	Increase participation from this age group. Activities such as Friday youth night, free swimming family fun sessions & links with other youth focussed groups.	Tag active planned in Sports court. Disability school provision programmed in pool. Partnership with "You Move"		
Women & Girls	Offer female only sessions across facilities. Target females through promotional activities e.g. Lets lift the curfew & This Girl Can. Menopause awareness training.	Leys - Ladies only swim sessions Wednesday & Friday - Refugee Women's only session - Ladies only swim lesson availability - U17's ladies only splash and learner pool sessions		
Multicultural Communities	Target specific groups from local community and offer suitable activities across centres. Outreach to local community groups to understand more around removing barriers to physical activity.	Leys - Muslim prayers on Friday evening/Refugee swim lessons		
Referral Schemes, Older People & LTC's	Work with HCP's & other health & wellbeing practitioners (e.g. Social Prescribers) to grow a referral route into supported physical activity for people with LTC's. Ensure there is dedicated provision of activities to those who are older or living with LTC's.	E-Gym at Leys & Ferry, 50+ Badminton, Good Boost in Barton. Planning to introduce Forever Fit programme of activities		
People with Disabilities	Offer inclusive swim, sport & gym sessions for people with disabilities. Programme in quiet hours & SEN swimming. Offer sessions for specific conditions such as Parkinson, Dementia etc	Disability Multi Sports session. Leys  - Public disability sessions Mon-Fri - Swan disability weekly sessions		

Note: In an attempt to help to address gaps Laurie (National Partnership Manager) has established links with a range of national partners who have off the shelf products that are ready to go and be implemented. The following partners have products that could work in this contract and help us address the gaps identified. Further discussion needed around details and what could work locally.

Oxford	Boccia
	Gymnastics
	Women in

Gap Analysis	Starting & Growing Well	Growing Well	Growing & Living Well	Growing & Living Well	Living Well	Living Well	Living & Aging Well	Living & Aging Well	All	All	All	All	All	Other notes captured throughout conversation.
	Children (aged 0-11)	Young People (aged 12-18)	Carers, those in care & care leavers	Women & Girls	Physical Health (e.g. activity, obesity, smoking, substance misuse)	People with disabilities/ LTC's	Referral Schemes	Older people , Veterans	Multicultural Communities	Low Socio-economic Groups	Mental Health	All/ other inequalities	Improving health & Wellbeing of facilities	
Oxford Priority Areas:	Y	Y		Y		Y			Y	Y	Y	Y		
Detail of what's currently being delivered by Serco:		Tag Active planned to be available in sports hall. Planning to programme in SEN sessions.		Leys - Ladies only swim sessions Wednesday & Friday - Refugee Women's only session - Ladies only swim lesson availability - U17's ladies only splash and learner pool sessions		Leys - Public disability sessions Mon-Fri - Swan disability weekly sessions		E-Gym at Leys & Ferry, 50+ Badminton, Good Boost in Barton. Planning to introduce Forever Fit programme of activities.	Muslim Prayers Friday evening. Church sessions (?)	You Move Partnership with council. Children on free school meals are entitled to discounted membership rates. Homeless Pathway Scheme, entitled to 6months free membership for anyone referred on Homeless pathway				Leys soft play site would be great for programming early years sessions here but nothing happening currently due to refurb. Would like a GP referral programme. Need to introduce quiet times & disability sessions. Ferry Studio isn't really used throughout the day, would like to do some parent & toddler groups.
Detail of what's being delivered by Partner Clubs:		Disability school provision use pool for swim session. "Keen" disability group hire facilities to do multi sports sessions. Home Education group hire facilities. Youth Ambition CIC - Looking to use youth hub Friday evenings to keep children off streets		70+ ladies hire studio to run own yoga session.			Cardiac Rehab external provider.							